

TRACY F. GREEN



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FOCUS

Marathon, Half-Marathon

AGE

31

YEARS RUN

10

RESIDENCE

Louisville, Ky.

WORK

Director of Development,
The Louisville Free Public
Library Foundation

BIOGRAPHY

In 2007, as a college junior, I decided to “get in shape.” I set my sights on a race and used the infamous “couch to 5k” program. **Just 15 months after I started running, I ran my first marathon and qualified for Boston.**

Since then, I have completed **11 marathons**, achieving a Boston qualifying time at each. I’ve set PRs in multiple distances over the past two years.

I write a **monthly column** called “Running through the Bluegrass” for The Running Journal and maintain a **running blog** to document my adventures. I am also an avid user of **social media**, including Twitter, Snapchat, Facebook, Strava and Athlinks.

An active member of the running community, I enjoy volunteering at races and working with new runners. I volunteered with an AAU cross-country team for several years, including chaperoning a summer camp in the Great Smoky Mountains.

I worked for five years in **running specialty retail** and led the store’s miniMarathon training group. I also previously **coordinated the racing team** for the New Balance Louisville store. I am a Hammer Nutrition sponsored athlete for 2016.

I am an **experienced brand ambassador** and am eager to share my own running experiences and celebrate the experiences of others.

PERSONAL BESTS

5k – **18:36** – Anthem 5k, February 2016

10k – **39:13** – Rodes City Run 10k, March 2016

10 miles – **66:03** – Hangover Classic 10 Miler, January 2016

Half-Marathon – **1:28:12** – Monumental Marathon, November 2014

Marathon – **3:07:30** – Carmel Marathon, April 2016

50k – **6:25:50** – Rattlesnake 50k, July 2008

ACCOMPLISHMENTS

New personal bests in the 5k, 10k, 10 mile and marathon in 2016

26th female at Monumental Marathon 2015 in 3:10:18

New personal bests in the 5k and 10 mile in 2015

7th place female, 2015 Louisville Triple Crown of Running series

1st place female team, 2015 Louisville Triple Crown of Running

3rd place female, 2015 Owensboro Memorial Day Half-Marathon

8th place female, 2010 Shamrock Virginia Beach Marathon

Two-time Boston Marathon finisher (2008, 2009)

11-time Boston Marathon qualifier

Two-time Bourbon Chase co-ed champion team member